

March, 2025

VARSHINI ILLAM TRUST

Project Vithai - Therapy on Wheels Newsletter



SCREENING 24,879

CHETANA 165

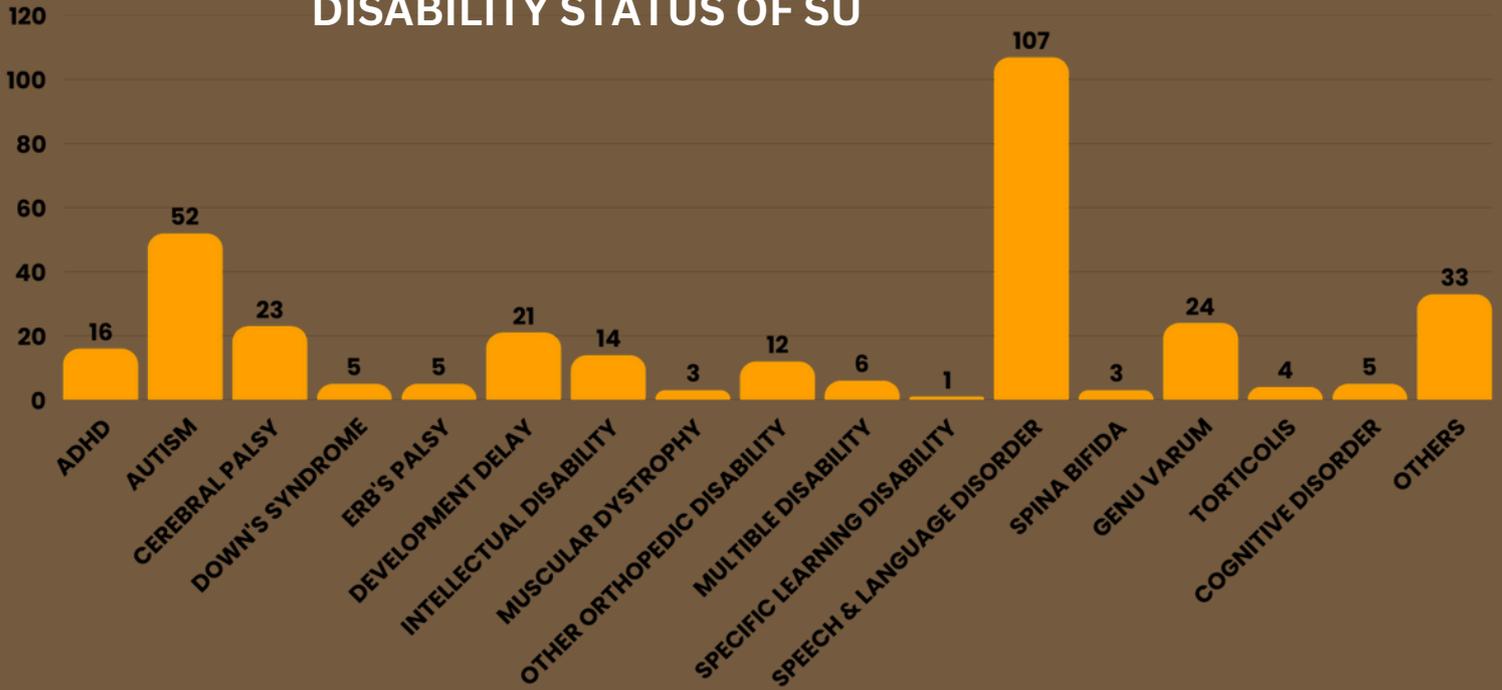
ASHA 1639

MEDICAL INTERVENTION 56

SERVICE USERS 334

ASSISTIVE TECHNOLOGY 44

DISABILITY STATUS OF SU



THERAPY

PHYSIO	SPEECH	OCCUPATIONAL
65	125	61

SPECIAL EDUCATION **01**



Early intervention is not just about therapy—it's about building a foundation. The earlier we support a child's development, the greater their potential to thrive



Dr. Stanley I. Greenspan
Clinical Professor of Psychiatry and Pediatrics,
George Washington University Medical School, Founder of Floortime

DR. STANLEY GREENSPAN

Child psychiatrist and developer of the DIR/Floortime model

ARITHRA'S JOURNEY THROUGH EARLY INTERVENTION

DELAYED SPEECH DEVELOPMENT

Arithra came to us at 2.5 years old with concerns regarding delayed speech development. A comprehensive assessment of her speech and language skills revealed a delay of approximately 1.6 months relative to her chronological age, leading to a diagnosis of a language disorder.

At the start of therapy, Arithra primarily communicated using gestures, with occasional single-word utterances. Her understanding of basic vocabulary, common objects, and number concepts was also limited.



AFTER 10 MONTHS OF CONSISTENT SPEECH AND LANGUAGE THERAPY, ARITHRA HAS MADE REMARKABLE PROGRESS. SHE HAS NOW REACHED AGE-APPROPRIATE LANGUAGE MILESTONES AND EFFECTIVELY COMMUNICATES HER NEEDS USING 3-4 WORD PHRASES.



Her journey is a wonderful example of the power of early intervention and consistent support in helping children reach their full potential.

MAR 2025

OFFICIAL VISITS & RECOGNITIONS

- **Dr A Somasundaram, Additional Director(PHC), Department of Public Health with Dr K Vinay Kumar, Joint Director (Immunization) Department of Public Health, with UNICEF team along with Project ViThai team visited Nandivaram PHC for Integrated Child clinic and Immunization screening project.**
- **Dr Rajesh Ramachandran from NIEPMD visited our Centre, UCHC, Kannagi Nagar.**
- **Dr. Kannan, AHO, Chemmancheri PHC visited our Bus and appreciated our project.**
- **Mr. Vijay Anand Executive Engineer, Mr. Nethaji Asst.Executive Engineer, Mr. Karthikeyan Asst.Engineer from Tamilnadu Urban Habitat Development Board visited our medical camp and appreciated our project aim.**
- **Our team visited the SRM Medical College and met Mr. Bhasi, Dean, HOD, Department of Psychology, and discussed our project**

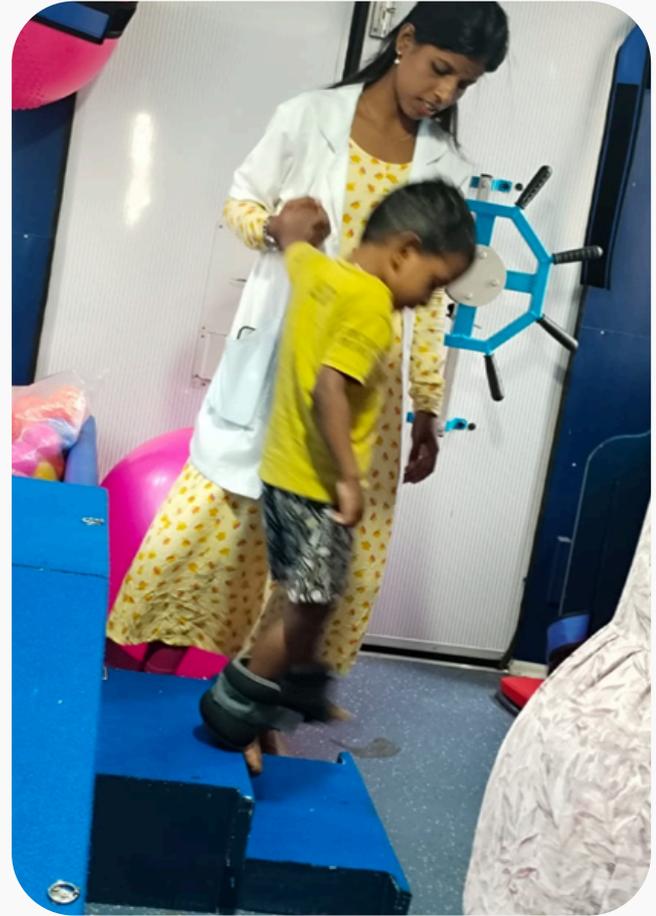
AWARENESS PROGRAMS

- **Bus Awareness program held in Srinivasapuram, Pattinampakkam area.**
- **Conducted Bus Awareness at Wimco Nagar, Kaladipet, and New Washermenpet.**



MEDICAL CONSULTATIONS & FOLLOW-UPS

- Our team visited Egmore Children's Hospital and met with the nephrology department doctor for SU-Giri's consultation. Dosage and prescription were changed, and tests were ordered.
- Vitamin D blood test and PTH test were done for child Giri at Sringeri Sharada Equitas Hospital.



CAMPS & HEALTH SERVICES

- Medical camp jointly organized with Equitas Development Initiative Trust, Tamil Nadu Urban Habitat Development Board, Chettinad Hospital and Medical College at Srinivasapuram village, Pattinampakkam. Specialists included Paediatrician, Orthopaedic, Dentists, Dermatologist, Ophthalmologist, and General Medicine & General Surgeon. Total participants: 102 (72 adults, 30 children).
- Assistive Devices measurement took place for Kattankulathur & Thirukazhukundram Block, Chengalpattu District.

EVENTS & CELEBRATIONS

- Conducted World International Women's Day Celebration for our VIThai Staff.







Door to Door Screening

Particular	Block A	Block B	Block C	Block D	Block E	Block F
Total Doors	240			220	873	130
Total Screening	33	-	-	80	307	34
Doubt List	-	-	-	-	-	1

Anganwadi Screening

Particular	Kannagi Nagar	Perumpakkam	Kattankulathur	Thirukazhukundram	Total
No.of Anganwadis	4	-	1	6	11
Total Screening	53	-	30	105	188
Positive	-	-	-	2	2
Negative	52	-	29	103	184
High-Risk	1	-	1	-	2
SU - Converted	-	-	-	-	0

Vaccination Screening

Particulars	Kannagi Nagar	Perumpakkam	AIR Nagar	Total
Name of the Centre	Kannagi Nagar – 2 PHK	Chemmancheri PHC	Ernavur PHC	-
Total Screening	28	34	81	143
Positive	-	-	-	
Negative	-	-	79	79
High-Risk	1	1	2	4
SU - Converted	-	-	-	-

Neonatal & New Born Screening

Particulars	No. of Screening
Total Screening	16
Positive	-
Negative	16
High-Risk	-
SU - Converted	-

OAE Screening

Particulars	No. of Screening
Total Screening	11
Positive	-
Negative	11
High-Risk	-
SU - Converted	-



ICDS SCREENING

INTEGRATED CHILD DEVELOPMENT SERVICES

ANGANWADI - 4
CHILDREN SCREENED - 82

RESULT:
POSITIVE : 6
HIGH RISK : 76
NEGATIVE : 0

Pattinapakkam-Block F



**BLOCK -B-PERUMBAKKAM &
CHEMMANCHERY
COMPLETED**



Thirukazhukundram

ANGANWADI - 5
TOTAL CHILDREN
SCREENED - 105

RESULT:
POSITIVE: 2
HIGH RISK: 0
NEGATIVE: 103



Kattankulathur

ANGANWADI - 1
CHILDREN SCREENED - 30

POSITIVE - 0
HIGH RISK - 1
NEGATIVE - 29



Kannagi Nagar

ANGANWADI - 4
CHILDREN SCREENED - 53

RESULT:
POSITIVE : 1
HIGH RISK : 0
NEGATIVE : 52